

## Spa days

Spa day guests enjoy full use of the Roman Pool, jacuzzies & steam rooms. Our instructors will be on hand to help you get the best out of our gymnasium and you're welcome to try one of our classes (dependent on availability).

Included in all packages is a 2-course meal from the Olive Garden Café including tea, coffee or fruit juice. Complimentary Molton Brown toiletries are available in the changing rooms and you'll be provided with a luxury robe, towel & slippers on arrival. (£10 refundable deposit applies.) All you need to do is bring a swimming costume, gym kit, trainers & hairbrush. Everything else is supplied.

*Day pass £49.00*

**A day\* at Holmer Park with full use of the facilities including classes.**

*Discovery spa day £69.00*

**A day\* at Holmer Park with full use of the facilities & one of the following 30 minute treatments:**

- Back, neck & shoulder massage
- Head in the clouds
- Body scrub
- File & polish for hands or feet
- Just float
- Taster facial
- Make up consultation

*Relax spa day £89.00*

**A day\* at Holmer Park with full use of the facilities and one of the following 60 minute treatments:**

- Deep tissue massage
- Elemis skin specific facial
- Phytomer facial
- Men's marine calm facial
- Elemis exotic ritual grooming for hands
- Elemis sole delight grooming for feet
- Any Mama Mio treatment (NB not all Mama Mio treatments are a full 60mins)
- Warm & soothing massage using hot volcanic basalt stones

*Tranquillity spa day £99.00*

**A day\* at Holmer Park with full use of the facilities & one of the following premium 60-75 minute treatments:**

- Float or body wrap treatment
- Full body top-to-toe massage
- Anti-ageing facial
- Tri-enzyme facial
- Modern skin facial

*Full spa day £139.00*

**A day\* at Holmer Park with full use of the facilities & two of the following 60 minute treatments:**

- Modern skin facial
- Deep tissue massage
- Elemis skin specific facial
- Phytomer facial
- Men's marine calm facial
- Elemis exotic ritual grooming for hands
- Elemis sole delight grooming for feet
- Any Mama Mio treatment
- Any body treatment

*Spa day booking information*

Full details of all treatments included in the Spa days are to be found within this treatment menu.

All bookings are subject to availability

Full payment required up on booking

We require 48 hours notice for cancellations

 **Holmer Park**  
Spa reservations 01432 370222